

Navoi State University – Psychology

Program Duration: 2 years

Mode of Study: Full-time

Program Code: 70310301

Total Workload: 120 ECTS credits

ECTS credits per semester: 30

Overview

The Master's degree program in **Psychology** (Program Code: 70310301) at Navoi State University is a two-year, full-time academic program comprising a total workload of 120 ECTS credits (30 ECTS per semester). The program is designed to prepare highly qualified psychologists, researchers, psychological consultants, and organizational specialists equipped with advanced knowledge in theoretical, experimental, clinical, developmental, and organizational psychology.

The curriculum integrates theoretical instruction, advanced diagnostic training, empirical research methodologies, and supervised practical counseling. Students gain expertise in psychological assessment, psychometrics, psychotherapy frameworks, conflict resolution, cognitive-behavioral strategies, and human behavior analysis. The program places strong emphasis on addressing social, educational, organizational, and mental health challenges relevant to modern society and Uzbekistan's socio-cultural context.

Graduates of this program are fully equipped to pursue careers as professional psychologists, psychological counselors, human resources (HR) specialists, organizational consultants, research scientists, and academic staff in higher education institutions, as well as to continue their studies at the doctoral (PhD) level.

Assessment

A comprehensive and multi-component assessment system is applied in the Master's program in Psychology to ensure continuous learning, diagnostic competence, ethical rigor, and professional development.

1. Course-based assessment

- **Presentations and seminars** – assess students' ability to analyze, present, and discuss psychological theories, case studies, empirical findings, and therapeutic intervention models in academic settings.
- **Mini-tests, quizzes, and oral exams** – monitor understanding of core theoretical concepts, psychometric principles, developmental dynamics, and psychological assessment tools.
- **Midterm and final examinations** – evaluate theoretical depth, case-conceptualization skills, and analytical reasoning through written exams and practical case assignments.

- **Portfolio assignments** – compile psychological assessment reports, intervention plans, diagnostic test interpretations, and research drafts demonstrating professional growth.
 - **Independent assignments** – encourage independent literature reviews, qualitative and quantitative data modeling, psychological test design, and case study evaluations.
2. **Research-based assessment**
- **Scientific Research Work (ITI)** – evaluated through research project proposals, empirical progress reports, and defense of psychological research outcomes before the department.
 - **Scientific and Pedagogical Work (IPI)** – evaluated via teaching practice, development of psychological training programs, and academic reporting.
 - **Master’s Thesis (MD/M)** – evaluated based on overall scientific rigor, practical relevance, ethical compliance, thesis writing quality, and public defense before the State Attestation Commission.
3. **Practice-based assessment**
- **Psychological and Internship Practice** – evaluated through performance in psychological counseling centers, educational institutions, medical facilities, and corporate HR departments, accompanied by comprehensive practice reports.
 - **Pre-graduation practice** – assessed on the integration of psychological research findings, diagnostic interventions, and final thesis preparation.
4. **Work-integrated learning**
- **Diagnostic & Training Projects** – assessed on psychometric accuracy, therapeutic ethics, communication effectiveness, and practical alignment with client needs.

Academic Requirements

Admission Requirements-Applicants applying for the Master’s degree program in Psychology (Code: 70310301) must satisfy the following criteria:

- **Educational background** – A Bachelor’s degree (or equivalent qualification) in psychology, social work, pedagogy, sociology, or related social/behavioral science fields from a recognized higher education institution.
- **Academic excellence** – Applicants holding an honors diploma (*imtiyozli diplom*) are eligible for preferential admission according to current regulations of the Ministry of Higher Education, Science and Innovation of the Republic of Uzbekistan.
- **Language proficiency** – A valid national or international certificate demonstrating at least B2-level foreign language proficiency (CEFR, IELTS, TOEFL, etc.) in English, Russian, or another recognized foreign language.

Graduation Requirements

To be granted the Master of Science degree in Psychology, students are required to:

- Complete all compulsory and elective modules specified in the curriculum, accumulating a total of **120 ECTS credits** (30 ECTS per semester).
- Maintain standard academic standing according to Navoi State University regulations (passing marks in all subjects).
- Successfully complete all practical trainings (psychological internship, research practice, and pre-graduation practice) with positive supervisor evaluations.

- Fulfill all research requirements (Scientific Research Work and Scientific-Pedagogical Work).
- Prepare, submit, and successfully defend a **Master's Thesis** demonstrating independent empirical research and practical psychological skills before the State Attestation Commission.
- Pass all required state attestation processes.

Courses Offered

Year 1

Compulsory:

- Research Methodology and Data Analysis in Psychology
- Reforms in the Education System under the Development Strategy of New Uzbekistan
- Advanced General and Cognitive Psychology
- Psychological Diagnostics and Psychometrics
- Modern Psychological Counseling and Psychotherapy Frameworks

Elective:

- Organizational Psychology and Human Resource Management
- Clinical Psychology and Psychopathology
- Developmental and Age-related Psychology
- Social Psychology of Group Dynamics and Conflict Resolution
- Regulatory Documents and Ethical Codes in Psychological Practice

Year 2

Compulsory:

- Family Psychology and Systemic Family Counseling
- Psychology of Personality and Self-Regulation
- Behavioral and Mathematical Statistics in Psychological Research

Elective:

- Educational and Pedagogical Psychology
- Neuropsychology and Psychophysiology
- Psychology of Crisis Situations and Trauma Therapy
- Professional Morality and Ethics in Psychology
- Health Psychology and Psychosomatics
- Cyberpsychology and Digital Behavior
- Forensic and Legal Psychology

Career Opportunities

Graduates of the Master's degree program in Psychology acquire comprehensive analytical, diagnostic, and interpersonal intervention skills, enabling them to work across diverse social, educational, medical, and corporate sectors:

- **Psychological Counselor / Practitioner** in private practice, family counseling centers, crisis centers, and social support service agencies.

- **Psychology Lecturer / Instructor** in higher education institutions, academic lyceums, vocational colleges, and secondary schools.
- **Organizational Psychologist / HR Manager / Recruiter** in corporate enterprises, public organizations, personnel assessment centers, and consulting agencies.
- **Research Scientist / Specialist** at research institutes under the Academy of Sciences and specialized centers for social and psychological research.
- **Educational Psychologist** in public and private schools, preschool institutions, and inclusive education centers.
- **Clinical / Medical Psychologist** in healthcare facilities, rehabilitation centers, psychiatric hospitals, and wellness institutions.
- **Psychological Expert / Analyst** in legal agencies, law enforcement bodies, penal institutions, and forensic evaluation centers.
- **Corporate Trainer / Coach** facilitating soft skills development, leadership training, team-building, and stress management in business organizations.

Tuition Fees

- **For local students:** Approximate annual tuition – 9,700,000 UZS.
- **For international students:** Approximate annual tuition – 774.28 USD.

(Note: Tuition fees are subject to adjustment in accordance with university policy and foreign currency exchange rates.)

Learning Outcomes

Master's Degree in Psychology

Upon successful completion of the program, graduates will be able to:

1. Knowledge

- **1.1.** Demonstrate advanced knowledge of major psychological theories, personality concepts, cognitive mechanisms, and behavioral dynamics.
- **1.2.** Understand principles of psychometrics, psychological assessment techniques, statistical validation, and diagnostic tool selection.
- **1.3.** Explain the theoretical foundations and methodologies of psychological counseling, psychotherapy, crisis intervention, and conflict management.
- **1.4.** Demonstrate comprehensive knowledge of qualitative and quantitative research designs, statistical data processing (SPSS, R), and psychophysiological assessment.
- **1.5.** Recognize national legal standards, professional ethics, confidentiality requirements, and socio-cultural dimensions governing psychological practice.

2. Skills

- **2.1.** Design, conduct, and analyze empirical psychological research, selecting appropriate sampling, measurement, and statistical validation methods.
- **2.2.** Conduct psychological diagnostic evaluations, behavioral assessments, and personality profiling using standardized psychometric tests.
- **2.3.** Plan and execute psychological counseling sessions, therapeutic intervention plans, and group training programs tailored to individual and organizational needs.
- **2.4.** Analyze organizational climate, employee motivation, leadership styles, and interpersonal conflicts to formulate HR management strategies.

- **2.5.** Prepare scientific reports, case study conceptualizations, psychological expert conclusions, and publishable research papers.
- **2.6.** Effectively communicate psychological insights, diagnostic findings, and professional advice to clients, organizations, and interdisciplinary teams in national and foreign languages.

3. Competences

- **3.1. Psychological & Research Competence** – Conduct independent, ethically sound, and scientifically rigorous psychological research addressing theoretical and applied behavioral issues.
- **3.2. Diagnostic & Intervention Competence** – Apply psychometric tools and counseling techniques responsibly to support mental well-being, personal growth, and organizational development.
- **3.3. Methodological & Educational Competence** – Teach psychological disciplines at academic institutions, designing modern lectures, practical seminars, and psychological workshops.
- **3.4. Organizational & Leadership Competence** – Manage psychological services, coordinate HR processes, and lead interdisciplinary teams in social and corporate environments.
- **3.5. Ethical & Humanistic Competence** – Adhere strictly to professional ethical standards, maintain client confidentiality, respect diversity, and promote human dignity and psychological safety.
- **3.6. Lifelong Learning Competence** – Continuously upgrade psychological qualifications, engage in ongoing supervision, and participate in international conferences, workshops, and specialized training programs.